



EMILY OLSON

Certified Music Practitioner (CMP®)

Live therapeutic music can provide emotional, spiritual, mental, and physical comfort for patients and their caregivers. Therapeutic music is tailored to a patient's immediate needs and requires no physical or verbal interaction.

Benefits of Therapeutic Music

- Helps regulate heartbeat and respiration
- Moderates stress-related hormones and anxiety
- Reduces muscle tension and improves body motion
- Stimulates the immune system
- Promotes a feeling of well-being and peace

Even patients who are sedated, cognitively-impaired, or at the end of life can benefit from the calming effects of a therapeutic music session.

*“Where words fail,
music speaks.”*

Hans Christian Anderson

Emily Olson

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- 30+ years of professional music experience
- Certified Music Practitioner (CMP®), Music for Healing & Transition Program™
- Master of Music in Performance, University of Michigan
- Bachelor of Music in Performance and Music Education, The Ohio State University



Emily plays soothing music on the lever harp. She is certified by the Music for Healing & Transition Program and helped pilot the therapeutic music program at Corewell Health in 2017 (then Beaumont). Emily has also served as a CMP for the University of Michigan Health System in Ann Arbor and at community health centers throughout Southeast Michigan.

Therapeutic music sessions can be scheduled in a private residence, hospital, hospice home, or other care facility